

THIS JOURNAL BELONGS TO



Scan here for a video with detailed instructions on how to use this book.

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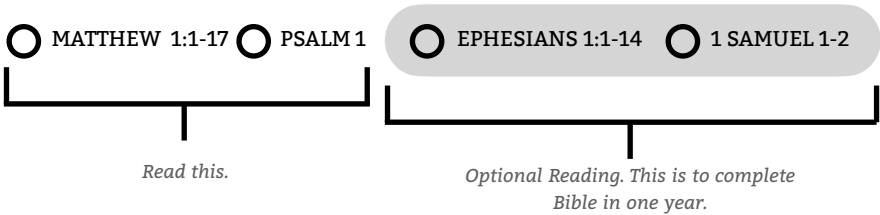
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HOW TO USE THIS BOOK

Spiritual growth is rarely fast or flashy. **It's most often the result of healthy rhythms.** Our hope is that this book will make as simple as possible the daily priorities of prayer, Bible reading and memorization, and gratitude.

Each month there are **25 readings**, which means that you can miss a few days and still stay on track. If you miss more than that, just pick back up where you left off. If you need more readings, take time to review the most meaningful days that week, or to read the portion of Scripture that will be preached on Sunday at Arrowhead.

You'll notice that at the top of each day there are two readings, followed by two supplemental readings in a gray bubble. If you read the first two each day, you'll make your way through the Bible in two years. If you read all four, you will read the Bible in a year. Proceed at your own pace!



The more you can take part in Bible reading and prayer before you do anything else that day, the better. Each day for reading and prayer is also designed to return back to that page later on in the evening and find something to thank God for or some way you saw Him at work that day.

You'll also find a **5 day prayer guide**, designed to be used on a day of the week, but perfectly suited for any day. Our suggestion is that each day you pray for family and those closest to you, and then turn to that day of the week in the prayer guide and pray through those requests. Many of those requests have Scriptures with them that you can sometimes turn to and learn to pray the Word of God. You can also pray through your day and make some notes on the right side of that day's reading guide. Invite the Lord into whatever you have on your agenda for the day ahead.

The book also includes a space for **sermon notes**, a suggested **weekly memory verse** (which you can write out each day because repetition in rhythm helps lock those into our hearts), and **group notes** and **prayer requests**.

For a more thorough how-to on these Rhythm journals, scan the QR code on the second page or here below.



PRAYER GUIDE

MONDAY: ARROWHEAD CHURCH

Various aspects of ministry at our church - including all three congregations in Morristown, Greeneville, and Grainger.

Send volunteers, leaders, and those with a heart to serve to our church. **Luke 10:2**

Help our pastors to preach and teach with the power of the Holy Spirit. **1 Corinthians 2:4**

Empower our elders to live godly lives and to teach truth. **1 Timothy 4:16**

- *Morristown Elders: Jeff & Emily Sinnamon, Bruce & Lindy Fowler, Ben & Charlie Baker, Kyle & Lisa Biery, Ryan & Jen Lovelace, Austin & Savannah Mansour, Andy & Hannah Ford, Ben & Sara Shoun.*
- *Greeneville Elders: Tom & Michele Stewart, Michael & Jessica Martin, Jay & Susan Guinn, Lee & Mindy Brown.*
- *Grainger Elders: David & Hope Noe, and wisdom as the Lord raises up more in the days ahead.*

Pray for authentic worship of Jesus in Spirit and truth in our services. **John 4:24 & Zechariah 4:6**

Give us broken hearts for the lost and courage to seek to win them to Jesus both locally and globally. **Acts 1:8**

Grant anointing, energy, and clarity to those who teach the Bible, including AKids teachers and connect and believe group leaders.

For our Church Staff and Leaders:

- Wisdom from heaven, personal integrity and moral purity in their minds and bodies, genuine love for Christ, and genuine love for the church, the community, and the lost.
- Morristown Staff: Ben Shoun (Sara / Eli, Sally Beth), Bryce Berry (Taylor / Elias, Arlo), Ryan Lovelace (Jen / Louella, Elijah, 3 foster kids), Garrett Stelling (Rachel), Holden Britton, Lisa Biery (Kyle / Luke, Lilah, Keaton), Jo Rushlow (Adam / Maija, Zoe, Dane), Alyssa Johnson, Drew Fraley, Derek Arnwine (Kelly / Layla, Eillie, Skylar, Deklan)
- Greeneville Staff: Lee Brown (Mindy / Addie, Ellee, Sam, Elijah, Alex), Harrison Nasekos, Chris Shumate (Michelle / Avery, Nolan, Hayden), Michele Stewart (Tom / Jared, Jordan, Justus, John), Jay Guinn (Susan / Chesnee), Brooks Gray (Nichole/ Maryah, Malachi, Lexa, Maxton, Maebry), (Liz Raith (David), Jessica Martin (Michael / Emmalyn, Ezra)
- Grainger Staff: David Noe (Hope / Jude, Simon, baby on the way)
- Church Network Staff: Jared Belcher (Jill / Malachi, Rosemary, baby on the way), Sabrina Starnes, Nick Bible (Faith).

TUESDAY: TIMES & SEASONS

These requests cover national and local leaders and those who serve in our area. 1 Timothy 2:1-2

Prayers for Our President: Wisdom, moral discretion, courage, and humility, energy.

Lift up the same requests for each of these state and local leaders:

Governor Lee

Tennessee Regional Leaders/Senators and Representatives

County & City Mayor in your town

Police, Fire, and EMT leadership: our sheriff, police chief, and fire chief

School Superintendents and all administrators, teachers, and students

County Commissioners & City Council

Those who minister to the young, to the elderly, and to the poor: ALPS, Isaiah117, Kings Corner Church, Stepping Out, Food on Foot, Kingswood Home for Children, Central Services, Lakeway Fostering Hope Closet.

Lord, please send revival and spiritual awakening across the land!

2 Chronicles 7:14

WEDNESDAY: WITNESS

Evangelistic ministries and passions in all three congregations, other churches in our community, and other ministries we support doing evangelistic work.

Arrowhead Morristown:

- For growth & wisdom in expansion of their impact and facility.
- For evangelistic passion to reach the next generation.

Arrowhead Greeneville:

- For growth & wisdom in expansion of their impact and facility.

Arrowhead Grainger:

- For those serving in leadership in these early days, for a solid foundation that will honor Jesus for years to come.

Bless other pastors and churches (first name listed):

In & around Morristown: Manley (Tony), True Life (Jimmy), Providence (Tony), Avenue (Justin), FBC Morristown (Dean), FBC Dandridge (Justin), Lakeway Presbyterian (Chris), Freedom Fellowship (Dustin), GracePoint (George).

In & around Greeneville: First Christian (Scott), Grace Reform Presbyterian (Carl), FBC Greeneville (David), Calvary Chapel (Gary), Towering Oaks (Tommy), FBC Tusculum (David), Freedom Fellowship (Scott), Bibles Chapel (Donnie).

In & around Grainger: TCAR (Marty), Oakland (Stacey), Blue Springs (Jared).

Missionaries through Arrowhead, NAMB, SBC:

- Taylor & Jessica Jolley (Lylah, Brayden, pending adoption) - Nairobi, Kenya
- Amanda Gibson - Rwanda
- Nueva Esperanza - Honduras (Carlos & Barbara Barahona)
- Young Life - Lakeway area (Scott, Brooke (Grayson, Arden) McMinn, Taylor Berry, Jackson Mullins, Mackenzie Doane, Jerlissa Jenkins)
- DC Church Plant (Bill & Katie Decker, Emmanuel Church)
- Arrowhead Español - Greeneville and surrounding area (Gerson and Allie Gabriel)
- Young Life - Greene (Katie Collins and Adam)
- John Coombs - Asia (Summer 2024)

Our Personal Evangelistic Focus:

Lord, give us open eyes and courage to share the gospel as we live sent wherever we go.

THURSDAY: TROUBLES

These requests cover those we know who are hurting or who serve the hurting. Fill in personal knowledge of people in each of these categories, or send an email to pray@arrowhead.church for a list.

Marriage and Family Issues

Sicknesses, Surgeries, Losses, and/or Other Concerns

Pregnancies

Recovery + Support and Counseling Leaders and Situations

Take minute and send a text or write a note to those in these categories:

Who is hurting?

Who needs encouragement?

Who do I need to remember?

Who do I need to thank?

FRIDAY: FRIENDS & FAMILY

Friday is a chance to personalize these lists a little more and to pray for those who fall in our relational categories:

As a spouse I pray for:

As a parent I pray for:

As a son/daughter I pray for:

As a sibling I pray for:

As a nephew/niece, uncle/aunt I pray for:

As a cousin I pray for:

As a friend I pray for:

As a neighbor I pray for:

As an employer/employee I pray for:

As a citizen I pray for:

Though as a parent, spouse, son or daughter, you may pray for family every day, here are a few things to pray for:

For your husband or future husband:

1. His heart and mind - **Proverbs 4:23, Colossians 3:2**
2. His walk with Christ - **Galatians 5:22-23**
3. His work - **Psalms 90:17**

For your wife or future wife:

1. Her faith - **Romans 8:28-30**
2. Her joy - **Psalms 16:11**
3. Her wisdom - **1 Peter 3:4**

For your kids or future kids:

1. Salvation - **Matthew 19:13-15**
2. Growth - **Romans 8:28-30**
3. Purpose - **2 Corinthians 6:14, Luke 9:23**

If you're a partner at Arrowhead, pray here for the section of our roster of partners that come to you each month by email.

WEEKEND PRAYER

Use this guide at some point during the weekend to remember a highlight from the previous week, to look ahead into next week, and to pray for our Sunday gatherings.

Are there any verses or ideas I need to revisit or remember?

Which daily prayer guide did I miss this week (if any)?

As I rest this weekend, is there anything I need to pray or think about?

PRAYING FOR OUR SUNDAY GATHERINGS:

1. Keep me engaged in the singing, preaching, praying, and conversations happening all around me.
2. Give clarity and boldness to our pastor as he preaches (take time to read the Sunday text on The Weekly).
3. Cross my path with someone new and someone to encourage.
4. Make it clear what we need to do to be on time.
5. Save those who need Jesus and make us all more like Him, for the glory of his name.

MEMORY VERSES

- | | | | |
|---------|--|---------|--|
| WEEK 1 | <input type="radio"/> 2 CORINTHIANS 5:17 | WEEK 27 | <input type="radio"/> ISAIAH 41:10 |
| WEEK 2 | <input type="radio"/> GALATIANS 2:20 | WEEK 28 | <input type="radio"/> PHILIPPIANS 4:13 |
| WEEK 3 | <input type="radio"/> ROMANS 12:1 | WEEK 29 | <input type="radio"/> LAMENTATIONS 3:22-23 |
| WEEK 4 | <input type="radio"/> JOHN 14:21 | WEEK 30 | <input type="radio"/> NUMBERS 23:19 |
| WEEK 5 | <input type="radio"/> 2 TIMOTHY 3:16-17 | WEEK 31 | <input type="radio"/> ISAIAH 26:3 |
| WEEK 6 | <input type="radio"/> JOSHUA 1:8 | WEEK 32 | <input type="radio"/> 1 PETER 5:7 |
| WEEK 7 | <input type="radio"/> JOHN 15:7 | WEEK 33 | <input type="radio"/> ROMANS 8:32 |
| WEEK 8 | <input type="radio"/> PHILIPPIANS 4:6-7 | WEEK 34 | <input type="radio"/> PHILIPPIANS 4:19 |
| WEEK 9 | <input type="radio"/> MATTHEW 18:20 | WEEK 35 | <input type="radio"/> HEBREWS 2:18 |
| WEEK 10 | <input type="radio"/> HEBREWS 10:24-25 | WEEK 36 | <input type="radio"/> PSALM 119:9,11 |
| WEEK 11 | <input type="radio"/> MATTHEW 4:19 | WEEK 37 | <input type="radio"/> MATTHEW 6:33 |
| WEEK 12 | <input type="radio"/> ROMANS 1:16 | WEEK 38 | <input type="radio"/> LUKE 9:23 |
| WEEK 13 | <input type="radio"/> ROMANS 3:23 | WEEK 39 | <input type="radio"/> 1 JOHN 2:15-16 |
| WEEK 14 | <input type="radio"/> ISAIAH 53:6 | WEEK 40 | <input type="radio"/> ROMANS 12:2 |
| WEEK 15 | <input type="radio"/> ROMANS 6:23 | WEEK 41 | <input type="radio"/> 1 CORINTHIANS 15:58 |
| WEEK 16 | <input type="radio"/> HEBREWS 9:27 | WEEK 42 | <input type="radio"/> HEBREWS 12:3 |
| WEEK 17 | <input type="radio"/> ROMANS 5:8 | WEEK 43 | <input type="radio"/> MARK 10:45 |
| WEEK 18 | <input type="radio"/> 1 PETER 3:18 | WEEK 44 | <input type="radio"/> 2 CORINTHIANS 4:5 |
| WEEK 19 | <input type="radio"/> EPHESIANS 2:8-9 | WEEK 45 | <input type="radio"/> PROVERBS 3:9-10 |
| WEEK 20 | <input type="radio"/> TITUS 3:5 | WEEK 46 | <input type="radio"/> 2 CORINTHIANS 9:6-7 |
| WEEK 21 | <input type="radio"/> JOHN 1:12 | WEEK 47 | <input type="radio"/> ACTS 1:8 |
| WEEK 22 | <input type="radio"/> REVELATION 3:20 | WEEK 48 | <input type="radio"/> MATTHEW 28:19-20 |
| WEEK 23 | <input type="radio"/> 1 JOHN 5:13 | WEEK 49 | <input type="radio"/> JOHN 13:34-35 |
| WEEK 24 | <input type="radio"/> JOHN 5:24 | WEEK 50 | <input type="radio"/> 1 JOHN 3:18 |
| WEEK 25 | <input type="radio"/> 1 CORINTHIANS 3:16 | WEEK 51 | <input type="radio"/> PHILIPPIANS 2:3-4 |
| WEEK 26 | <input type="radio"/> 1 CORINTHIANS 2:12 | WEEK 52 | <input type="radio"/> 1 PETER 5:5-6 |

- GENESIS 5-8
- PSALM 74
- LUKE 1:39-56
- JEREMIAH 5-6

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

MORNING PRAYER

- Prayer Guide
- _____
- _____
- _____
- _____

EVENING GRATITUDE

Write out your memory verse below

- GENESIS 12-14 PSALM 76 LUKE 1:67-80 JEREMIAH 10-11

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

A large grid of 20 columns and 35 rows of small grey dots for taking notes.

Write out your memory verse below

A grid of 20 columns and 15 rows of small grey dots for writing the memory verse.

MORNING PRAYER

- Prayer Guide*
- _____
- _____
- _____
- _____

EVENING GRATITUDE

A large grid of 20 columns and 35 rows of small grey dots for writing evening gratitude.

GENESIS 21-23 PSALM 78:40-72 LUKE 2:41-52 JEREMIAH 16-18

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

Large dotted grid area for writing responses to the reading prompts.

Write out your memory verse below

Large dotted grid area for writing out the memory verse.

MORNING PRAYER

Morning prayer section with a radio button for 'Prayer Guide' and four horizontal lines for additional notes.

EVENING GRATITUDE

Large dotted grid area for evening gratitude notes.

GENESIS 27-28 PSALM 81 LUKE 4:1-12 JEREMIAH 26-29

IN TODAY’S READING, I SEE:

Pick 1-2 of these and explain in the space below.

- A PRAISE TO LIFT UP
- A SIN TO CONFESS
- AN ATTITUDE TO CHANGE
- AN EXAMPLE TO FOLLOW
- A COMMAND TO OBEY
- A PROMISE TO CLAIM

MORNING PRAYER

Prayer Guide

EVENING GRATITUDE

Write out your memory verse below

GENESIS 31 PSALM 83 LUKE 4:31-37 JEREMIAH 32-34

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

- A PRAISE TO LIFT UP
- A SIN TO CONFESS
- AN ATTITUDE TO CHANGE
- AN EXAMPLE TO FOLLOW
- A COMMAND TO OBEY
- A PROMISE TO CLAIM

[A large grid of 30 rows and 30 columns of small grey dots for writing notes.]

Write out your memory verse below

[A grid of 20 rows and 30 columns of small grey dots for writing a memory verse.]

MORNING PRAYER

- Prayer Guide
- _____
- _____
- _____
- _____

EVENING GRATITUDE

[A large grid of 30 rows and 30 columns of small grey dots for writing evening gratitude.]

GENESIS 36 PSALM 86 LUKE 5:12-16 JEREMIAH 44-46

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

MORNING PRAYER

Prayer Guide

EVENING GRATITUDE

Write out your memory verse below

- GENESIS 39-40
- PSALM 88
- LUKE 5:27-32
- JEREMIAH 49

IN TODAY’S READING, I SEE:

Pick 1-2 of these and explain in the space below.

- A PRAISE TO LIFT UP
- AN EXAMPLE TO FOLLOW
- A SIN TO CONFESS
- A COMMAND TO OBEY
- AN ATTITUDE TO CHANGE
- A PROMISE TO CLAIM

A large grid of dots for writing notes, consisting of 20 rows and 56 columns of small gray dots.

Write out your memory verse below

A large grid of dots for writing the memory verse, consisting of 10 rows and 56 columns of small gray dots.

MORNING PRAYER

- Prayer Guide*
- _____
- _____
- _____
- _____

EVENING GRATITUDE

A large grid of dots for writing evening gratitude, consisting of 20 rows and 56 columns of small gray dots.

GENESIS 41 PSALM 89:1-18 LUKE 5:33-39 JEREMIAH 50

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

Grid of dotted lines for notes.

Write out your memory verse below

Grid of dotted lines for writing the memory verse.

MORNING PRAYER

- Prayer Guide
- _____
- _____
- _____
- _____

EVENING GRATITUDE

Grid of dotted lines for evening gratitude notes.

GENESIS 46-47 PSALM 91 LUKE 6:27-36 LAMENTATIONS 1

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

Grid of dots for writing notes.

Write out your memory verse below

Grid of dots for writing the memory verse.

MORNING PRAYER

- Prayer Guide
- _____
- _____
- _____
- _____

EVENING GRATITUDE

Grid of dots for writing evening gratitude notes.

GENESIS 48
 PSALM 92
 LUKE 6:37-42
 LAMENTATIONS 2

IN TODAY’S READING, I SEE:

Pick 1-2 of these and explain in the space below.

- | | |
|------------------------------|-----------------------------|
| A PRAISE TO LIFT UP | AN EXAMPLE TO FOLLOW |
| A SIN TO CONFESS | A COMMAND TO OBEY |
| AN ATTITUDE TO CHANGE | A PROMISE TO CLAIM |

A large grid of dots for taking notes on the selected readings.

Write out your memory verse below

A grid of dots for writing out the memory verse.

MORNING PRAYER

- Prayer Guide*
- _____
- _____
- _____
- _____

EVENING GRATITUDE

A large grid of dots for writing evening gratitude notes.

- GENESIS 49
 PSALM 93
 LUKE 6:43-49
 LAMENTATIONS 3

IN TODAY’S READING, I SEE:

Pick 1-2 of these and explain in the space below.

- A PRAISE TO LIFT UP
- A SIN TO CONFESS
- AN ATTITUDE TO CHANGE
- AN EXAMPLE TO FOLLOW
- A COMMAND TO OBEY
- A PROMISE TO CLAIM

Grid of dots for writing notes.

Write out your memory verse below

Grid of dots for writing the memory verse.

MORNING PRAYER

- Prayer Guide
- _____
- _____
- _____
- _____

EVENING GRATITUDE

Grid of dots for evening gratitude notes.

EXODUS 1-3 PSALM 95 LUKE 7:11-17 HEBREWS 1:1-9

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

MORNING PRAYER

Prayer Guide

EVENING GRATITUDE

Write out your memory verse below

EXODUS 16-18 PSALM 100 LUKE 8:26-39 HEBREWS 4:1-11

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

MORNING PRAYER

Prayer Guide

EVENING GRATITUDE

Write out your memory verse below

EXODUS 19-20 PSALM 101 LUKE 8:40-56 HEBREWS 4:12-16

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

Grid of dots for notes.

Write out your memory verse below

Grid of dots for memory verse.

MORNING PRAYER

- Prayer Guide
- _____
- _____
- _____
- _____

EVENING GRATITUDE

Grid of dots for evening gratitude.

- EXODUS 24-26
 PSALM 103
 LUKE 9:18-27
 HEBREWS 6:1-12

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

A large grid of 20 columns and 30 rows of small dots for writing notes.

Write out your memory verse below

A large grid of 20 columns and 20 rows of small dots for writing the memory verse.

MORNING PRAYER

- Prayer Guide*
- _____
- _____
- _____
- _____

EVENING GRATITUDE

A large grid of 20 columns and 30 rows of small dots for writing evening gratitude.

EXODUS 27-29 PSALM 104 LUKE 9:28-36 HEBREWS 6:13-20

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

Grid of dots for writing notes.

Write out your memory verse below

Grid of dots for writing memory verse.

MORNING PRAYER

- Prayer Guide

EVENING GRATITUDE

Grid of dots for writing evening gratitude.

- EXODUS 30-31
- PSALM 105
- LUKE 9:37-50
- HEBREWS 7:1-10

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

- A PRAISE TO LIFT UP
- AN EXAMPLE TO FOLLOW
- A SIN TO CONFESS
- A COMMAND TO OBEY
- AN ATTITUDE TO CHANGE
- A PROMISE TO CLAIM

A large grid of dots for writing reflections on the readings.

Write out your memory verse below

A large grid of dots for writing the memory verse.

MORNING PRAYER

Prayer Guide

Four horizontal lines for writing morning prayer notes, each preceded by an empty circle.

EVENING GRATITUDE

A large grid of dots for writing evening gratitude notes.

EXODUS 34 PSALM 106:24-48 LUKE 10:1-16 HEBREWS 8:1-6

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

- A PRAISE TO LIFT UP
- A SIN TO CONFESS
- AN ATTITUDE TO CHANGE
- AN EXAMPLE TO FOLLOW
- A COMMAND TO OBEY
- A PROMISE TO CLAIM

A large grid of dots for writing notes.

Write out your memory verse below

A large grid of dots for writing the memory verse.

MORNING PRAYER

- Prayer Guide*
- _____
- _____
- _____
- _____

EVENING GRATITUDE

A large grid of dots for writing evening gratitude.

- EXODUS 35-37
- PSALM 107
- LUKE 10:17-24
- HEBREWS 8:7-13

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

<p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p>	<p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p> <p>• • • • •</p>
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Write out your memory verse below

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MORNING PRAYER

- Prayer Guide
- _____
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EVENING GRATITUDE

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- EXODUS 38-40
 PSALM 108
 LUKE 10:25-37
 HEBREWS 9:1-10

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

A large grid of dotted lines for writing notes, consisting of 20 rows and 50 columns of dots.

Write out your memory verse below

A large grid of dotted lines for writing the memory verse, consisting of 10 rows and 50 columns of dots.

MORNING PRAYER

Prayer Guide

Four empty circles, each followed by a horizontal line, for writing prayer requests or reflections.

EVENING GRATITUDE

A large grid of dotted lines for writing evening gratitude, consisting of 20 rows and 50 columns of dots.

LEVITICUS 5-7 PSALM 110 LUKE 11:1-13 HEBREWS 10:1-18

IN TODAY’S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

Grid of 30 rows and 25 columns of dots for note-taking.

Write out your memory verse below

Grid of 15 rows and 25 columns of dots for writing a memory verse.

MORNING PRAYER

Prayer Guide section with a radio button and four horizontal lines for notes.

EVENING GRATITUDE

Large grid of 20 rows and 25 columns of dots for evening gratitude notes.

LEVITICUS 8-10
 PSALM 111
 LUKE 11:14-28
 HEBREWS 10:19-39

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

MORNING PRAYER

Prayer Guide

EVENING GRATITUDE

Write out your memory verse below

LEVITICUS 11-13 PSALM 112 LUKE 11:29-36 HEBREWS 11:1-16

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

Grid of dots for writing notes.

Write out your memory verse below

Grid of dots for writing the memory verse.

MORNING PRAYER

- Prayer Guide
- _____
- _____
- _____
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EVENING GRATITUDE

Grid of dots for writing evening gratitude.

LEVITICUS 14-15 PSALM 113 LUKE 11:37-54 HEBREWS 11:17-31

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

Grid of dots for writing notes.

Write out your memory verse below

Grid of dots for writing the memory verse.

MORNING PRAYER

Prayer Guide

EVENING GRATITUDE

Grid of dots for writing evening gratitude.

LEVITICUS 16-17 PSALM 114 LUKE 12:1-12 HEBREWS 11:32-40

IN TODAY’S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

Grid of dots for writing notes.

Write out your memory verse below

Grid of dots for writing notes.

MORNING PRAYER

Prayer Guide

EVENING GRATITUDE

Grid of dots for writing notes.

LEVITICUS 18-20 PSALM 115 LUKE 12:13-21 HEBREWS 12:1-13

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

Grid of dots for writing notes.

Write out your memory verse below

Grid of dots for writing the memory verse.

MORNING PRAYER

Prayer Guide

EVENING GRATITUDE

Grid of dots for writing evening gratitude.

LEVITICUS 26-27 PSALM 118 LUKE 12:49-59 HEBREWS 13:9-25

IN TODAY’S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

Grid of dots for writing notes.

Write out your memory verse below

Grid of dots for writing the memory verse.

MORNING PRAYER

Prayer Guide

EVENING GRATITUDE

Grid of dots for writing evening gratitude.

1 CORINTHIANS 1:1-17 PSALM 119:1-8

LUKE 13:1-9 ACTS 1:1-11

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

Grid of dots for writing notes.

Write out your memory verse below

Grid of dots for writing the memory verse.

MORNING PRAYER

Prayer Guide

EVENING GRATITUDE

Grid of dots for writing evening gratitude.

1 COR 1:18-31 PSALM 119:9-16 LUKE 13:10-21 ACTS 1:12-26

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

Grid of dots for writing notes.

Write out your memory verse below

Grid of dots for writing the memory verse.

MORNING PRAYER

- Prayer Guide
- _____
- _____
- _____
- _____

EVENING GRATITUDE

Grid of dots for writing evening gratitude.

- 1 COR 2
 PSALM 119:17-24
 LUKE 13:22-35
 ACTS 2:1-21

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

A grid of dotted lines for taking notes. The grid consists of approximately 30 rows and 100 columns of dots, divided into two vertical columns of 50 columns each.

Write out your memory verse below

A grid of dotted lines for writing a memory verse. The grid consists of approximately 20 rows and 100 columns of dots.

MORNING PRAYER

Prayer Guide

EVENING GRATITUDE

A large grid of dotted lines for evening gratitude. The grid covers the entire right-hand side of the lower half of the page, from the 'EVENING GRATITUDE' header down to the footer.

- 1 COR 5 PSALM 119:41-48 LUKE 14:25-35 ACTS 4:1-22

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

MORNING PRAYER

Prayer Guide









EVENING GRATITUDE

Write out your memory verse below

1 COR 6:1-11 PSALM 119:49-56 LUKE 15:1-10 ACTS 4:23-37

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

Large dotted grid area for writing answers to the reading questions.

Write out your memory verse below

Large dotted grid area for writing the memory verse.

MORNING PRAYER

Morning Prayer section with a radio button labeled 'Prayer Guide' and four horizontal lines for notes.

EVENING GRATITUDE

Evening Gratitude section with a large dotted grid area for notes.

1 COR 6:12-20 PSALM 119:57-64 LUKE 15:11-32 ACTS 5:1-16

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

Grid of dots for writing notes.

Write out your memory verse below

Grid of dots for writing the memory verse.

MORNING PRAYER

- Prayer Guide*
- _____
- _____
- _____
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EVENING GRATITUDE

Grid of dots for writing evening gratitude.

- 1 COR 7:1-16 PSALM 119:65-72 LUKE 16:1-9 ACTS 5:17-42

IN TODAY’S READING, I SEE:

Pick 1-2 of these and explain in the space below.

- | | |
|------------------------------|-----------------------------|
| A PRAISE TO LIFT UP | AN EXAMPLE TO FOLLOW |
| A SIN TO CONFESS | A COMMAND TO OBEY |
| AN ATTITUDE TO CHANGE | A PROMISE TO CLAIM |

Dotted grid area for explaining the reading.

Write out your memory verse below

Dotted grid area for writing the memory verse.

MORNING PRAYER

- Prayer Guide*
- _____
- _____
- _____
- _____

EVENING GRATITUDE

Dotted grid area for evening gratitude.

- 1 COR 7:17-40 PSALM 119:73-80 LUKE 16:10-18 ACTS 6

IN TODAY’S READING, I SEE:

Pick 1-2 of these and explain in the space below.

- A PRAISE TO LIFT UP
- AN EXAMPLE TO FOLLOW
- A SIN TO CONFESS
- A COMMAND TO OBEY
- AN ATTITUDE TO CHANGE
- A PROMISE TO CLAIM

Grid of dotted lines for taking notes.

Write out your memory verse below

Grid of dotted lines for writing a memory verse.

MORNING PRAYER

- Prayer Guide
- _____
- _____
- _____
- _____

EVENING GRATITUDE

Large grid of dotted lines for evening gratitude notes.



1 COR 8 PSALM 119:81-88 LUKE 16:19-31 ACTS 7:1-38

IN TODAY’S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

Dot grid writing area for explaining the reading insights.

Write out your memory verse below

Dot grid writing area for the memory verse.

MORNING PRAYER

Prayer Guide

EVENING GRATITUDE

Dot grid writing area for evening gratitude.

- 1 COR 9:1-12 PSALM 119:89-96 LUKE 17:1-10 ACTS 7:39-60

IN TODAY'S READING, I SEE:*Pick 1-2 of these and explain in the space below.***A PRAISE TO LIFT UP****AN EXAMPLE TO FOLLOW****A SIN TO CONFESS****A COMMAND TO OBEY****AN ATTITUDE TO CHANGE****A PROMISE TO CLAIM****MORNING PRAYER**
 Prayer Guide

EVENING GRATITUDE*Write out your memory verse below*

1 COR 9:13-27
 PSALM 119:97-104
 LUKE 17:11-19
 ACTS 8:1-25

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

- A PRAISE TO LIFT UP
- A SIN TO CONFESS
- AN ATTITUDE TO CHANGE
- AN EXAMPLE TO FOLLOW
- A COMMAND TO OBEY
- A PROMISE TO CLAIM

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Write out your memory verse below

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MORNING PRAYER

- Prayer Guide
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EVENING GRATITUDE

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1 COR 10:1-13
 PSALM 119:105-112
 LUKE 17:20-37
 ACTS 8:26-40

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

MORNING PRAYER

Prayer Guide

EVENING GRATITUDE

Write out your memory verse below

- 1 COR 11:1-16
- PSALM 119:121-128
- LUKE 18:9-17
- ACTS 9:20-43

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

- | | |
|------------------------------|-----------------------------|
| A PRAISE TO LIFT UP | AN EXAMPLE TO FOLLOW |
| A SIN TO CONFESS | A COMMAND TO OBEY |
| AN ATTITUDE TO CHANGE | A PROMISE TO CLAIM |

A large grid of dotted lines for writing notes.

Write out your memory verse below

A large grid of dotted lines for writing out the memory verse.

MORNING PRAYER

- Prayer Guide*
- _____
- _____
- _____
- _____

EVENING GRATITUDE

A large grid of dotted lines for evening gratitude.

1 COR 11:17-34 PSALM 119:129-136 LUKE 18:18-30 ACTS 10:1-23

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

MORNING PRAYER

Prayer Guide

EVENING GRATITUDE

Write out your memory verse below

1 COR 12:1-13 PSALM 119:137-144 LUKE 18:31-43 ACTS 10:24-48

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

Large grid of dots for writing answers to the reading reflection questions.

Write out your memory verse below

Large grid of dots for writing the memory verse.

MORNING PRAYER

Morning prayer options including a radio button for 'Prayer Guide' and four blank lines for other choices.

EVENING GRATITUDE

Large grid of dots for writing the evening gratitude response.

1 COR 14:1-25 PSALM 119:161-168 LUKE 19:28-38 ACTS 12

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

Grid of dots for writing notes.

Write out your memory verse below

Grid of dots for writing memory verse.

MORNING PRAYER

Prayer Guide

EVENING GRATITUDE

Grid of dots for writing evening gratitude.

1 COR 14:26-40 PSALM 119:169-176 LUKE 19:39-48 ACTS 13:1-25

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP **AN EXAMPLE TO FOLLOW**

A SIN TO CONFESS **A COMMAND TO OBEY**

AN ATTITUDE TO CHANGE **A PROMISE TO CLAIM**

MORNING PRAYER

Prayer Guide

EVENING GRATITUDE

Write out your memory verse below

1 COR 15:29-58 PSALM 121 LUKE 20:9-19 ACTS 14

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

A PRAISE TO LIFT UP

AN EXAMPLE TO FOLLOW

A SIN TO CONFESS

A COMMAND TO OBEY

AN ATTITUDE TO CHANGE

A PROMISE TO CLAIM

MORNING PRAYER

Prayer Guide

EVENING GRATITUDE

Write out your memory verse below

- 1 COR 16
- PSALM 122
- LUKE 20:20-26
- ACTS 15:1-21

IN TODAY'S READING, I SEE:

Pick 1-2 of these and explain in the space below.

- A PRAISE TO LIFT UP
- AN EXAMPLE TO FOLLOW
- A SIN TO CONFESS
- A COMMAND TO OBEY
- AN ATTITUDE TO CHANGE
- A PROMISE TO CLAIM

A large grid of 20 columns and 25 rows of small grey dots for taking notes.

Write out your memory verse below

A large grid of 20 columns and 15 rows of small grey dots for writing a memory verse.

MORNING PRAYER

- Prayer Guide
- _____
- _____
- _____
- _____

EVENING GRATITUDE

A large grid of 20 columns and 20 rows of small grey dots for evening gratitude notes.

SERMON NOTES

Date: / / Scripture:



SERMON NOTES



Date: / / Scripture:

A large grid of small, light gray dots arranged in 20 rows and 25 columns, intended for writing sermon notes.

SERMON NOTES



Date: / / Scripture:

A large grid of small, light gray dots arranged in approximately 25 rows and 30 columns, intended for writing sermon notes.

SERMON NOTES



Date: / / Scripture:

A large grid of small, light gray dots arranged in 20 rows and 20 columns, intended for writing sermon notes.

SERMON NOTES



Date: / / Scripture:

A large grid of small, light gray dots arranged in 20 rows and 25 columns, intended for writing sermon notes.

SERMON NOTES



Date: / / Scripture:

A large grid of small, light gray dots arranged in 20 rows and 25 columns, intended for writing sermon notes.

SERMON NOTES



Date: / / Scripture:

A large grid of small, light gray dots arranged in 20 rows and 25 columns, intended for writing sermon notes.

SERMON NOTES



Date: / / Scripture:

A large grid of small, light gray dots arranged in 20 rows and 20 columns, intended for writing sermon notes.

SERMON NOTES



Date: / / Scripture:

A large grid of small, light gray dots arranged in 20 rows and 25 columns, intended for writing sermon notes.

SERMON NOTES



Date: / / Scripture:

A large grid of small, light gray dots arranged in 20 rows and 20 columns, intended for writing sermon notes.

SERMON NOTES



Date: / / Scripture:

A large grid of small, light gray dots arranged in approximately 25 rows and 30 columns, intended for writing sermon notes.

SERMON NOTES



Date: / / Scripture:

A large grid of small, light gray dots arranged in approximately 25 rows and 30 columns, intended for writing sermon notes.

SERMON NOTES



Date: / / Scripture:

A large grid of small, light gray dots arranged in 20 rows and 25 columns, intended for writing sermon notes.

GROUP NOTES

A large grid of small dots for taking notes, consisting of 20 columns and 30 rows.

PRAYER REQUESTS

A vertical list of ten prayer request lines. Each line begins with an empty circle, followed by a horizontal line for writing.



GROUP NOTES

A large grid of small dots for taking notes, consisting of 20 rows and 25 columns.

PRAYER REQUESTS

A vertical list of ten empty circles, each followed by a horizontal line, for writing prayer requests.

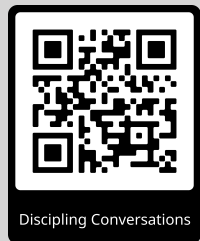


GROUP NOTES

A large grid of small dots for taking group notes.

PRAYER REQUESTS

Eleven rows for prayer requests, each starting with a circle and followed by a horizontal line.



GROUP NOTES

A large grid of small dots for taking notes, consisting of 20 columns and 30 rows.

PRAYER REQUESTS

A vertical list of ten empty circles, each followed by a horizontal line, for writing prayer requests.



GROUP NOTES

A large grid of small dots for taking group notes.

PRAYER REQUESTS

Eleven rows for prayer requests, each starting with a circle icon and followed by a horizontal line.

